



Nearly all people die of their medicines, and not of their illnesses.

—MOLIÈRE, FRENCH WRITER (1622–1673)



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*Its name is Public Opinion. It is held in reverence.
It settles everything. Some think it is the voice of God. Loyalty to
petrified opinion never yet broke a chain or freed a human soul.*
—MARK TWAIN, AMERICAN WRITER, CRITIC AND HUMORIST (1835–1910)



Chapter 2 Outline

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Until a man duplicates a blade of grass, nature can laugh at his so-called scientific knowledge. Remedies from chemicals will never stand in favorable comparison with the products of nature, the living cell of a plant, the final result of the rays of the sun, the mother of all life.

—THOMAS ALVA EDISON, AMERICAN INVENTOR (1847–1931)



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Unless we put medical freedom in the Constitution, the time will come when medicine will organize itself into an undercover dictatorship to restrict the art of healing to one class of [people] and deny equal privileges to others.

—BENJAMIN RUSH, A SIGNER OF THE DECLARATION OF INDEPENDENCE



Chapter 4 Outline

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- Q. These devices cost so much! The electrode units seem like ordinary frequency generators to me, with common metal cylinders used as electrodes. And some of these light tube units don't seem very sophisticated. Why do the manufacturers charge so much? Don't they care about people's health—and people's lives?364
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- Q. Some rife units in the United States are approved by the FDA. Are these machines better than the ones that aren't approved?365

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- Q. Why are different frequencies sometimes listed for the same condition? And why are the same frequencies often given for two distinctly different microbes? 381
- Q. I've heard that higher frequencies work better than lower frequencies. Is there any truth to this? 381
- Q. My unit goes up to only 20,000 Hertz. But my condition requires many frequencies that are over 60,000 Hertz. What should I do? 381
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Some patients, though conscious that their condition is perilous, recover their health simply through their contentment with the goodness of the physician.

— HIPPOCRATES, “FATHER OF MEDICINE” GREEK PHYSICIAN (460–400 BC)



Chapter 5 Outline Frequency Directory

Note: This list does *not* include single, stand-alone entries, which are in alphabetical order.

Arthritis and Joints 420 Bacteria 424 Blood Sugar Levels 440 Bone and Skeleton 442 Cancer 447 Candida, Fungi, Molds and Yeasts 455 Chemical Poisoning / Detoxification 463 Dental 468 <i>Mouth and Gums</i> 469 <i>Teeth</i> 472 Ears 474 Eyes 477 Gastrointestinal Tract 482 <i>Systemic Conditions</i> 483 <i>Colon / Large Intestine</i> 489 <i>Small Intestine</i> 492 <i>Stomach and Esophagus</i> 494	Glands 496 <i>Adrenals</i> 497 <i>Pancreas</i> 498 <i>Parathyroid</i> 498 <i>Pineal</i> 499 <i>Pituitary</i> 499 <i>Thymus</i> 499 <i>Thyroid</i> 500 Headache 505 Heart, Blood and Circulation 506 Injuries 514 Insect Bites 516 Liver and Gall Bladder 518 <i>Liver</i> 518 <i>Gall Bladder</i> 523 Lymphatic System 524 Men 527 <i>Penis</i> 527 <i>Prostate</i> 528 <i>Sexual Functioning</i> 529 <i>Testicles</i> 529 <i>Urinary</i> 530
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Slowly an apprehension of the intimate, usable power of God is growing among us, and a growing recognition of the only worthwhile application of that power—in the improvement of the world.

—CHARLOTTE PERKINS GILMAN,

UNITED STATES WRITER, POET, LECTURER, SOCIAL CRITIC AND ACTIVIST (1860–1935)



Chapter 6 Outline **Creating a Better World, Inside and Out**

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Note: Not every microbe and disease in Chapter 5 (the Frequency Directory) is included here, as Chapter 5 is in itself an annotated index. However, this index does contain all of the primary (overview) categories in Chapter 5, as well as many health conditions listed in sub-headings. For a complete directory of diseases, along with their frequencies, see Chapter 5.

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